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The image shows the cover of a Japanese book titled "原因不明の心臓の痛みは、狭小血管でした！" (Unexplained heart pain was due to microvascular disease!). The cover features a cartoon illustration of a doctor and a patient. The doctor says "異常なし" (No abnormality) and the patient says "もうそんな痛くないです！" (It doesn't hurt anymore!). The text on the cover includes "更年期女性の10人に1人がかかっている！" (1 in 10 postmenopausal women are affected!), "原因不明の心臓の痛みは、狭小血管でした！" (Unexplained heart pain was due to microvascular disease!), and "一般的な検査では発見されにくい病気です。" (It is a disease that is difficult to detect with general tests.). The author's name, 吉田院長 (Dr. Yamada), is also visible.

